

# Placement and Mobility in the Aging Population

Barbara Schuh, MA, CMC

# Geriatric Care Manager

- Definition
- Role
- Assessment

# Assessment

- ADL's and IADL's
- Health and Wellness
- Financial
- Mobility
- Lifestyle
- Mental Status

# Housing Options

- Age in Place
- Community Developments
- Independent Living
- Assisted Living
- Nursing Home

# Aging in Place

- Most common choice
- Familiarity
- Transportation options
- Cost considerations

# Community Developments

- Examples (Rossmoor, Trilogy, Lincoln)
- Foster to Aging Population
- Transportation Realities
- Choice of Baby Boomers

# Independent Living

- Current Facilities (Piedmont Gardens, Kensington Place, Heritage Place, Chateau in Lafayette)
- More Assistance (meals, activities)
- Transportation Options
- Smart Growth

# Assisted Living

- Caters to older and more frail seniors
- Examples ( Sunrise, Merrill Gardens, Board and Cares)
- Provides meals, activities, medication distribution, and personal assistance
- Transportation Options

# Nursing Homes

- Last “Resort”
- Medical necessary care
- Transportation needs limited